

NIHR CLAHRC Cambridgeshire and Peterborough

Design for better mental health across the lifespan

Dr Belinda Lennox Deputy Director

NIHR EoE Roadshow 6th November 2009



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for Cambridgeshire and Peterborough

Collaborations for **L**eadership in **A**ppplied
Health **R**esearch and **C**are

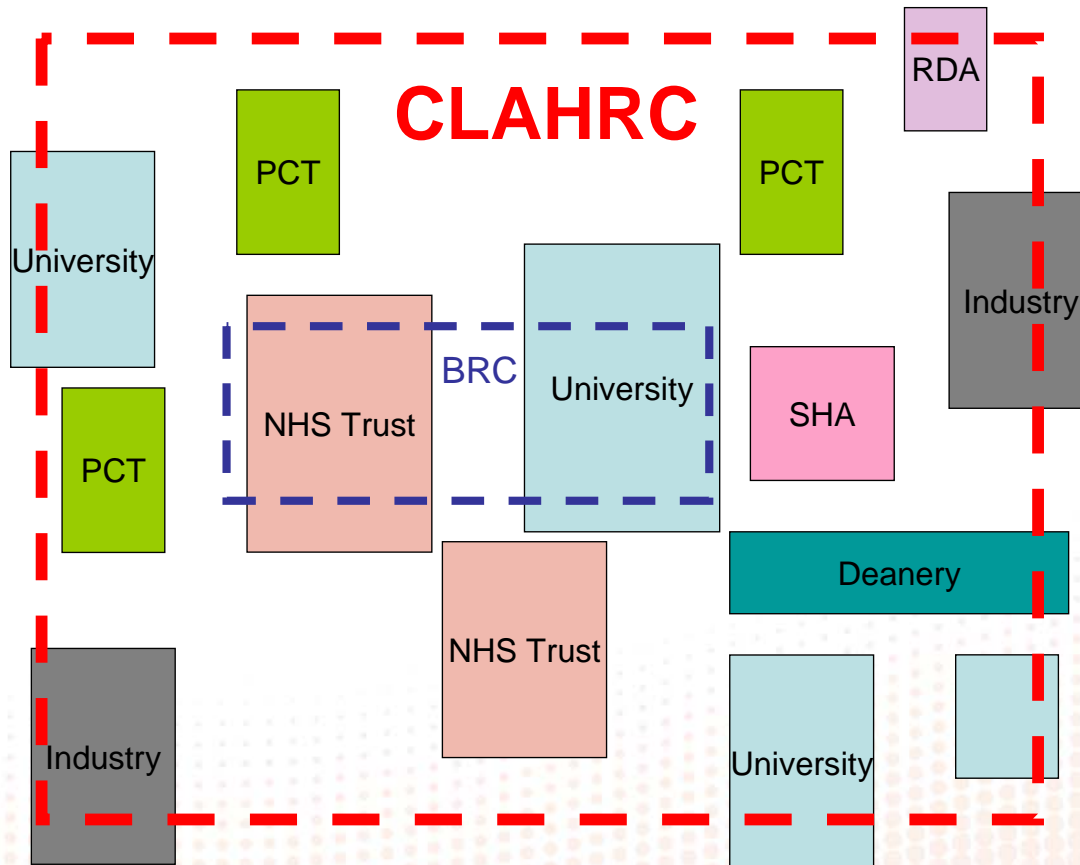
What is a CLAHRC?

- Collaboration for leadership in applied health research and care
- Collaboration for leadership in applying health research to care
- “collaborative partnerships between a university and the surrounding NHS organisations, focused on improving patient outcomes through the conduct and application of applied health research”



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The NIHR CLAHRC for Cambridgeshire & Peterborough

What does it mean?

£9.5 million new money from NIHR

£13.5 aligned matched funding by partners

started 1st October 2008 for 5 years

9 awarded across England

New collaboration across NHS and University



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Partners

Health/Social care

Cambridgeshire and Peterborough 
NHS Foundation Trust

- NHS East
- NHS Cambridgeshire
- NHS Peterborough
- Cambridgeshire County Council
- UKCRN MHRN East Anglia Hub
- East Anglian Primary Care Research Network
- Eastern Region Public Health Observatory

Academic

 UNIVERSITY OF
CAMBRIDGE

Departments of:

- Psychiatry
- Public Health & Primary Care
- Engineering – EDC
- Judge Business School



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Key Characteristics

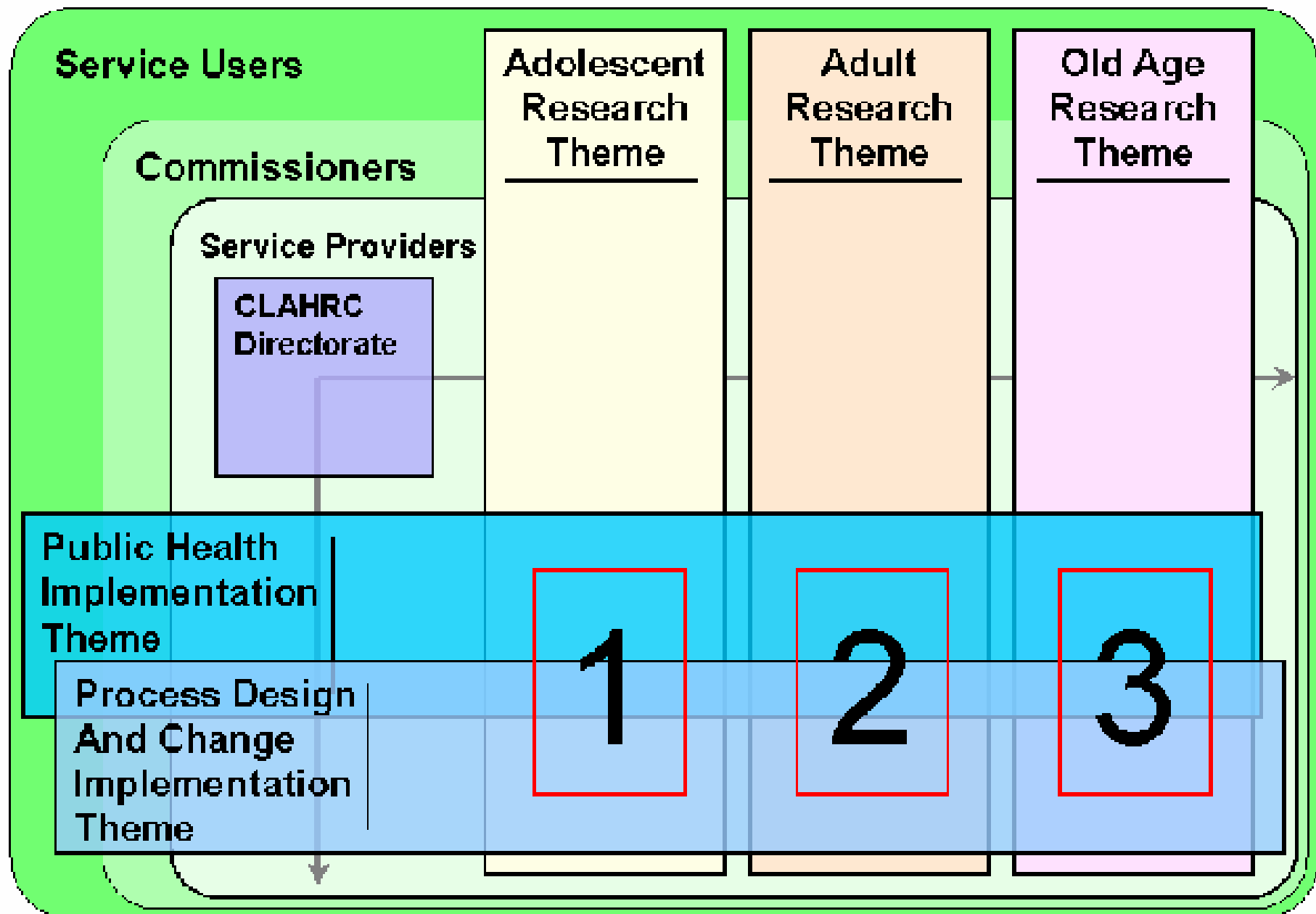
1. Community Mental Health focussed collaboration
2. Four internationally leading academic departments
3. Life course perspective – from childhood to old age
4. Populations with highest health inequality and social exclusion
5. All key partners from health and social care involved—
multi-disciplinary, multi-agency
6. Geographical spread – range of deprivation, urbanicity and ethnicity – generalisable to UK



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Adult theme aims:

To identify those practices in community services that best support men and women with long term developmental conditions, such as learning disabilities, autism spectrum conditions or cerebral palsy, or disabilities consequent upon severe head injury.



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Additional aims:

- To involve health and social care practitioners, academics and users of services and carers in different ways to support clinically relevant research;
- To nurture and provide support for further interdisciplinary clinically relevant research



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In practice, what does this mean?



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Commissioners providers and academics working together

Commissioner

Dr Ruth Milton Surrey PCT and Surrey CC

NHS

Provider

Dr Andrew Bateman Cambridgeshire Community Services

LA

**Commissioner
and provider**

Mr Rod Craig Community Services, CCC

Mrs Tracy Gurney LDP, CCC

**Third
sector**

Provider

Mr Andrew Gardner Cambridge Headway

**Implementation
Themes**

Dr Terry Dickerson EDC

Dr Christine Hill PH

Dr Eivor Oborn JBS

CLAHRC

**Adult Theme
staff**

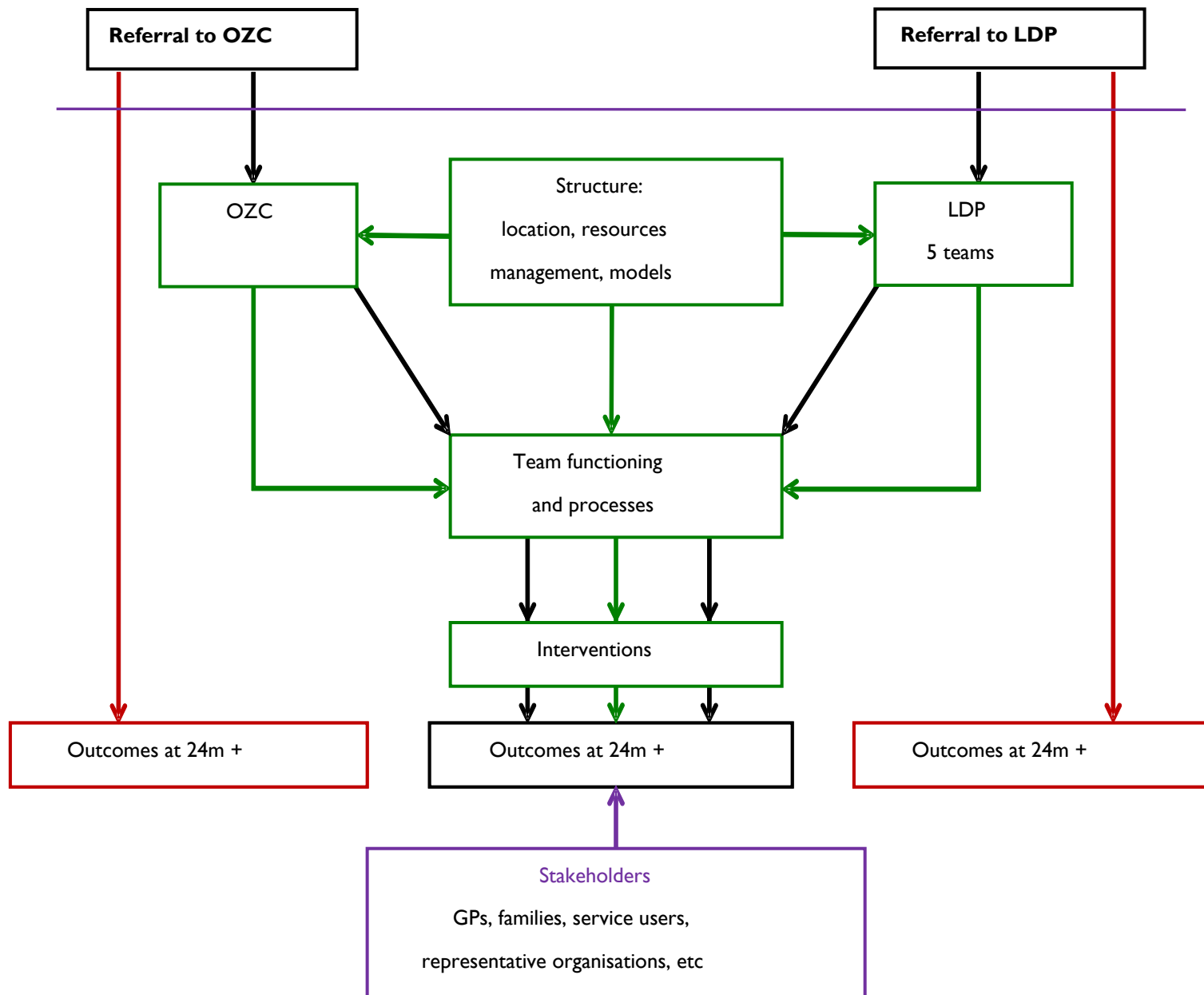
Professor Tony Holland UoC

Dr Isabel Clare CPFT

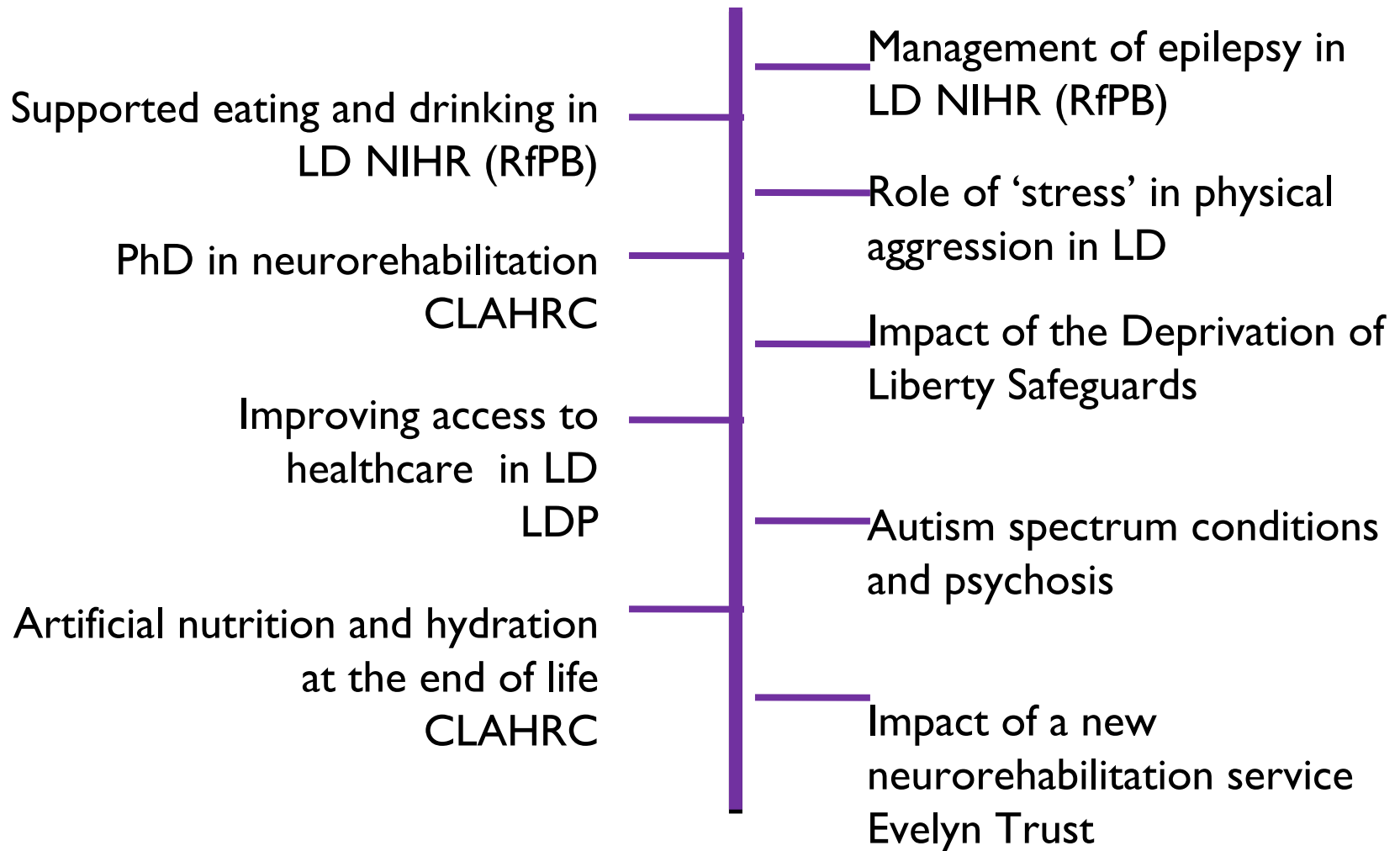
Mr Mark Hall CPFT

Dr Emma Madden UoC

Comprehensive study of community services



Further research developed



CLAHRC responsive research – IAPT evaluation

- Improving Access to Psychological Treatments – up to £173 million pa
- 360 new therapists in EoE over next 3 years. To treat 90,000 people with depression and anxiety and return them to work
- Evaluation in collaboration with NHS East
- Jointly funded research associate and psychometrician
- Evaluating 12 KPI's using routinely collected data



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What else should we be looking at?



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